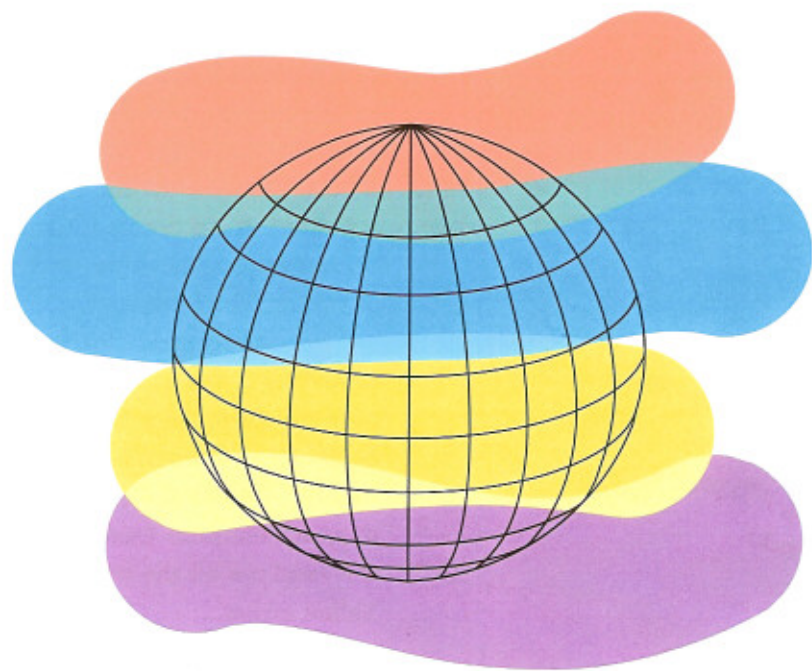


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Top: The chefs of Yountville in Napa Valley are some of the most creative in the country. They offer their recipes in *Escape to Yountville*. Above: Heirloom tomatoes, another bounty of Sonoma wine country, are celebrated with a festival at Kendall-Jackson.



Escape to Yountville: Recipes for Health and Relaxation From the Napa Valley, by Sally James
(Ten Speed Press, 176 pages, \$19.95, paperback)

Villagio Inn and Spa, an upscale resort in Yountville, was the impetus behind *Escape to Yountville*. "Villagio Spa wanted a book to represent the spa, but in talking about it we decided Yountville itself represented something that was worth exploring," Melville says.

The 100 recipes, clearly written and reflecting a wine country style, should pose no difficulties for wine matching. Each recipe recommends two wine types, one for traditional drinkers, the other for more adventurous food-and-wine matchers—and not all the wines are from Napa Valley, either.

Author Sally James, who has written several books on healthful cooking, did about half of the recipes. Local chefs contributed the rest, including Philippe Jeanty's signature Mussels Steamed in Pinot Noir and, from Thomas Keller of the French Laundry, John Dory With Tomato "Marmalade" and Heirloom Tomato Vinaigrette. Cindy Pawlcyn of Mustards provided her recipe for Chile Rabbit With Grilled Polenta.